



Organisation	Can help with:	Contact name	Contact:
Mayo County Council	Mayo Community Helpline		094 906 4660
Moy Valley Over 55 Club	Shopping and prescriptions delivery service. Phone call service to members	Louise Gilmartin	087 278 5365
Mayo Volunteer Centre	Recruiting/advising on volunteer engagement. Source of information and best practice guidelines for volunteers and Organisations.	Kathy Rowland	087 679 6937
River Moy Search and Rescue, Ballina	Daily shopping and prescription deliveries	Jonathan Martin	087 406 4789 087 419 4383
Sean Duffy Centre, Ardnaree, Ballina	Shopping and prescription deliveries	Sean Lynch	087 288 740
Kilmoremoy LGFC, Ballina	Shopping and prescription deliveries	Jacqueline Collins	087 996 0886
Ballina Costume Company	Shopping and prescription deliveries, daily crafts online for children at home, Making PPE	Jane Crean	086 851 7302 096 72154
Ballina Chamber of Commerce	Assistance with business related queries Free online training sessions	Mags Downey Martin	096 72800
Citizen's Information Centre	Phone guidance and advice re entitlements	Tomás Lally	076 107 5990
Killala GAA	Shopping and deliveries in the Killala and Cooneal areas. 7 days	Various members	083 857 6570
St Vincent de Paul Food Bank, Ballina	Food bank and telephone supports	Anne Keane	096 72905
Ballina Family Resource Centre	One to one counselling by phone / Skype; Referrals to outreach services including Mindspace Mayo, Pieta House, Mayo Rape Crisis Centre & Mayo Women Support Services; Queries, provision of information and referrals. Senior Alert Scheme for people aged 65+.	Shirley Moyles	087 0618525
Killala Community Council	Shopping and prescription collection and delivery Mon – Fri 9am – 5pm Meals on Wheels Mon - Fri	Sandra Maguire	096 32166 083 038 8467
Ballina Community Centre Meals on Wheels	Daily meal delivery Monday – Saturday	Olive O'Donnell	096 21572
Suifinn Way, Ballycastle	Meals on Wheels three times weekly Deliveries in Ballycastle area	Nuala Delaney Whelan	096 43848
Ballycastle Volunteers	Delivery of shopping from McNamees and Burkes	John Burkes McNamee XL Mairtin Flannery	083 817 8446 089 4255834 086 322 5128
Belderrig Community Centre	Shopping and deliveries, bread, milk and meat available from Centre	Eilis Ormsby Boris	087 7936942 085 1964749
Knockmore/Rathduff Resources Centre	Meals on Wheels Shopping deliveries	Alma Reddington	094 9258016 0879108550



Ardagh Community Alert/Community Council	Deliveries or other support required	Martin Carr Carmel Langan	087 2652111 087 2959220	
Fr. Peyton Centre, Attymass	Meals on Wheels, volunteers, befriending	Pádraig Walsh	096 45374	
Lahardane Community Alert and GAA	Shopping, collections and deliveries and any other supports required	Enda Coyne	086 088 6008	
Foxford Meals on Wheels	Meals on Wheels	Geraldine Brett	087 904 0463	
Moy Davitts GAA (Foxford)	Shopping/deliveries or any other support needed in Foxford	Michael Ruane	087 626 8114	
Crossmolina Community Council	Multiple supports available.	Siobhan Gough	087 218 6560	
Crossmolina Deel Rovers GAA Club	Multiple supports available	Damian Lavin	086 264 8495	
An Garda Síochána Community Police	Collection of prescriptions, Visits to Doctor/Physio/etc Shopping or other essential items, Preparation and supply of meals Making contact with other family members to let them know that you are safe.		096 20550 (Ballina)	
Local Link (countywide)	Collect and Deliver service countywide Monday – Friday 9am - 5pm		094 900 5150	
The Wheel	Community Champion for Mayo – Information, advice, advocacy and representation.	Caroline Wilson	086 289 9296	
St John’s Ambulance	Two community cars to deliver shopping, prescriptions etc. If someone calls their local shop or pharmacy and purchases over the phone, we will collect and deliver further.	Mick Corrigan	087 339 2528	
Mayo North East, Foxford	Continuation of regular programmes and providing guidance on what supports are available locally.	Anne Finn	094 925 6745	
Straide Women’s Group	Grocery shopping, prescription collection, up-to-date information, a telephone call	Marian Walsh Geraldine Hynes Marion Tighe	087 906 0247 087 673 9095 087 135 7051	
Straide and Foxford Utd		Myra Deacy Brian Wallace Aiden Flatley	087 622 9102 086 374 8128 089 244 0835	
Moy Davitts LGFA		Emma Galligan	087 961 1744	
Moy Davitts GAA		Kevin McHale Michael Ruane	087 748 6006 087 626 8114	
Straide Pastoral Council		Fr Martin Convey	094 903 1029	
Ballina Lions Club		Will collect bags of donations for charity shops and arrange delivery with the shops	Pat O’Brien	087 2540334

List compiled by:

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